

Basic Spiral Tube Sock Pattern©

Yarns to complete this project are available at *River's Edge Fiber Arts Etsy Shop*.

Directions are for medium size foot/ankle women's shoe size up to a 9, add 3 more rows for each full size over size 9.

Knit in the round on double point (DP) needles; use the "magic loop" (my preference); or 2 circulars method.

Supplies: 1 skein River's Edge Fiber Arts 3.5 oz/100 gram sock yarn
"Sock" "Super M" or "Extreme"
DP Needles or Circulars size 0-3 depending on yarn & gauge.
Stitch Marker, Scissors, Yarn/Darning Needle



1. Cast on over two needles (to create an elastic edge, once stitches are cast on, remove extra needle prior to knitting the 1st row):
 - River's Edge Fiber Arts "Sock Yarn" or "Super M" 54 stitches, divide onto 3 needles (18 stitches per needle).
 - River's Edge Fiber Arts "Extreme Sock Yarn" 6 stitches, divide onto 3 needles (21 on first 2 needles and 18 on the third)
2. Place marker at beginning of round.
3. CUFF: Work knit 3, purl 3 for about ~5 inches.
4. CUFF/FOOT: is worked in a 3 X 3 rib with a 1 stitch shift every 3 rows.
 - First spiral: Begin spiral pattern by purling 1st stitch, (repeat knit 3 / purl 3) until last 5 stitches remain, knit 3, purl 2. Repeat this sequence for 2 more rows.
 - Second spiral: Purl first 2 stitches (repeat knit 3 / purl 3) until 4 stitches remain, knit 3, purl 1. Repeat this sequence for 2 more rows.
 - Third spiral: Purl first 3 stitches (repeat knit 3 / purl 3) until 3 stitches remain, knit 3. Repeat this sequence for 2 more rows.
 - Repeat the spiral sequence until the spiral portion measures ~10-12 inches.
5. TOES: Decrease for Toe:
 - Round 1: Knit 4, decrease 1 by knitting 2 tog. Repeat to end of round
 - Round 2 and all Even rows: Knit all the way around.
 - Round 3: Knit 3, knit 2 tog. Repeat to end of round.
 - Round 5: Knit 2, knit 2 tog. Repeat to end of round.
 - Round 7: Knit 1, knit 2 tog. Repeat to end of round.
 - Round 9: Knit 2 tog. Repeat to end of round.
6. Fasten off and weave ends in. Enjoy!

FYI – this pattern is based on regular size feet/ankles. Sock may be increased in diameter in 6 stitch increments and reduced by 6 stitch increments.

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